

GAY PEOPLES UNION VENEREAL DISEASE CLINIC--Donation Policy

IF WE WEREN'T HERE, WHAT WOULD YOU DO?

- 1) Go to your private physician (office call & expenses exceed \$10/visit)
- 2) Go to the Milwaukee Social Hygiene Clinic (unfriendly, uptight crowds; long waits; impersonal staff)
- 3) Go to other clinics, or a hospital emergency room (unknown expertise in venereal disease management; potentially high costs)
- 4) Not do anything!!

Because of extreme difficulties in meeting fixed expenses and the unpredictability of totally optional donations, we must turn to you, the patrons of this unique medical facility, for ongoing support.

Therefore, we have set up a "donation" schedule which we believe is realistic and equitable. At each visit, you will be expected to donate something. Below are listed the per visit donation minimums which will allow us to continue our operations:

- 1) Testing Services. \$2 minimum donation
(For any/all cultures, blood tests, etc.)
- 2) Consultation Services. \$5 minimum donation
(Examination, consultation, treatment by physician, nurse, or physician's assistant)

These donations are being used for the following:

- 1) Pay building rent & utilities
- 2) Help pay for a competent, qualified Clinic Director
- 3) Purchase medical supplies & equipment
- 4) Improve education, diagnostic, & treatment services

All examiners and interviewers working for the GPU VD Clinic are volunteers and donate their time and services. The physicians donate their salaries (paid by the City of Milwaukee Health Department) back to the Clinic.

WON'T YOU DONATE YOUR FAIR SHARE?

All Donations Are Tax-Deductable

GPU VD Clinic
P.O. Box 92203
Milwaukee, WI 53202

GPU VD Clinic
c/o The Farwell Center
1568 N. Farwell Avenue
Milwaukee, WI 53202
(414) 347-1222, 271-5273

Hours: Wednesday, Thursday, Friday, 7-10 pm (Treatment & Doctor Available on
Saturday, 11 am-2 pm (Wednesdays Only)

Recommendations and Guidelines for Healthful Sex

Prepared by GPU STD Clinic

Introduction: Health is the human condition in which all needs of a person - physical, mental, emotional - are met in balance. Healthful sexual behavior means more than the avoidance of sexually transmitted disease. It also means the expression of one's natural sexual drives in satisfying ways. The expression and ways change with time and at times there is an imbalance with physical health. The following are suggestions or guidelines to follow to reduce risk of STD's yet allow for satisfying sexual expression.

THE SEXUAL ENCOUNTER - In a sexual encounter, it is best to exchange names. There are many symptomless infections which can be transmitted and unless contacts are told, these infections only spread farther. Also it is best to bring up tactfully the subject of health before sex. If the person had hepatitis B within the past six months, don't have sex - make it a friend's encounter. Lastly if you do go to bed, undress in a lighted area and make sure to take a casual look at your partner before passion takes over. If the other person has growths, sores, or rashes on his body in particular his genitals, ask and if no reasonable explanation is given, stop the encounter.

HYGIENE - Good hygiene has been recommended by many authorities. Yet its effectiveness in reducing risk for STD's has not been proven. Nevertheless, it is still recommended to gargle with hydrogen peroxide after oral sex. Washing of the perianal and genital region may be of value - if nothing else of aesthetic value. Soap in the urinary opening before sex has been recommended by some to control gonorrhoea and nongonococcal urethritis. Urinating and douching after sex may be of benefit. Scented lubricants may cause a chemical induced rectal irritation; so only unscented products should be used. Finally self-digital rectal examinations in the shower (finger in the but) to detect warts or other lesions is highly recommended.

RISK FACTOR - There are many factors which come into play simultaneously to make up the total risk. Below is each category and the risk values applied within the category. The risk values will be used to calculate the risk factor which in turn will be used to determine when routine testing is needed.

SEXUAL PRACTICE -

- 3 High Risk - fist fucking, rimming, scat.
Explanation- With fist fucking, the bowel may be torn internally. Major surgery is needed to repair this.
Both scat and rimming carry a high risk for contracting giardia, amebiasis, shigella, salmonella, hepatitis A and B, pinworms, as well as others.
- 2 Moderate Risk - anal insertive and anal receptive intercourse
80 to 90% of rectal gonorrhoea is without symptoms.
- 1 Minimal Risk - touching, masturbation, active and passive oral sex.
Active oral sex bears more risk than passive oral sex.

Place OF ENCOUNTER

- 3 High Risk - Baths
Denver Studies show there is a 1 in 10 chance of getting gonorrhea for each sexual encounter involving more than touching and passive oral sex.
- 2 Moderate Risk - Book stores, restrooms, truck stops, parks and other public places.
- 1 Low Risk - Bars, private homes.

TYPE OF ENCOUNTER

- 1 High Risk - group sex, one night stands
- 1/2 Moderate Risk - Dating or several nights with the same person or sex with a small group of sexual friends.
- 1/8 Low Risk - Primarily monogamous sex
- 0 No risk - Strictly monogamous sex on both sides.

FREQUENCY

Frequency bears a relationship to risk only in conjunction with practice, place, and type of sexual encounter.

RISK FACTOR CALCULATION

Risk factor is obtained by multiplying all the above individual factors using only one risk value per category.

Risk Factor = frequency X Practice X Place X Type of Encounter

Example - A person tricks once each weekend with new partners and engages in anal intercourse. Pick-ups are from bars.

Monthly risk = $4 \times 2 \times 1 \times 1 = 8$

It is recommended that routine testing be done at a maximum of once monthly, or when the risk factor exceeds 50.

Minimal testing should be done once yearly.

ROUTINE TESTING - Routine testing should include tri-site gonorrhea culturing, and the blood test for syphilis. Anoscopic examination or direct examination of the rectum should be done only when symptoms are present.

The above is offered as useful guidelines for taking care of one's health. If followed, they will not completely eliminate contracting disease but they should help to decrease the amount of disease you get and everyone else gets.

Again I wish you a healthful sexual life.