

When he asks. You should know. Get Tested It's FREE



SCOTT WALKER AND GAY REPUBLICANS

by Paul Masterson

It's been a while since Scott Walker told the local Log Cabin Republicans (LCR) he was behind them "100%". That was back in 2008. Like many Wisconsinites, they took that pronouncement as proof of his commitment to his constituents. In kind, they elected him governor, buttressed him against the recall, and then reelected him for a second term. Along the way, they should have noticed his duplicity. LCR members defended his stand against marriage equality in the name of states' rights and other excuses. One even told me," the last time I was at Walker's house (that hint of insider info supposedly adds credibility, I guess), Scott said he was really for gay marriage but couldn't be public about it." Right...

Meanwhile, the long anticipated but anti-climactic announcement of Walker's presidential candidacy went by without any mention on LCR social media. In fact, there hasn't been much about any of the candidates at all. Gay Republicans seem at best befuddled by their 16 presidential contenders. None of them have given any hint of LGBT support. In fact, all have gone out of their way to attack marriage equality in particular and LGBT rights in general. Walker has already promised a

Federal constitutional amendment should he become president. That was on PrideFest weekend, the one year anniversary of marriage equality in Wisconsin. He reiterated that intent leading up to declaring his candidacy. He continued his anti-LGBT crusade after it as well. In a speech given in South Caroline (of course), he stated that boys were safer when gays were barred from the Boy Scouts of America. He sort of backtracked on that one and then said it again, just a little differently.

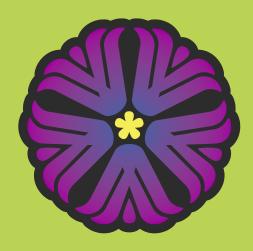
Even Walker's two sons and wife, Tonette, have voiced their "disappointment" with his anti-gay rhetoric. It seems Tonette's cousin is a lesbian who recently married her partner of nearly two decades. One of the sons even stood as a witness at their nuptials. Still, Walker has his homophobic base and, according to the candidate himself, he has been called by God to run for president. So it's still "no" to gays.

The eerie thing is the silence of the LCR. They've been cheering marriage equality all along. Of course, they never thank the Democrats or, Heaven forbid, President Obama, for the great



strides in LGBT equality they have helped facilitate. But when their top candidates decry LGBT rights and promise to rescind them, the LCR says nothing at all. Oh, right, some play the states' rights card. They argue since marriage equality was imposed upon us by the Supreme Court based on our Federal constitution, it doesn't count.

I really don't get gay Republicans. I understand the greed part and no self-respecting Republican, straight or gay, wants to pay taxes, especially when they support public education and the poor. But sooner or later, I wish gay Republicans would simply become fiscally responsible Democrats and act like politically responsible LGBT people.



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Personal Trainers can get a pretty bad rap. **Why though?** Easy, because there are *hacks*, *schmucks*, *scam artists*, and straight-up *shitty trainers* out there who give us all bad name. They're everywhere.

In today's society, it's getting easier and easier to be "qualified" and the fitness is a booming multibillion dollar industry – so naturally the waters start to get murky. With certifications growing on trees and available all over the internet, you won't always know if you're in the safest hands...and that sucks.

I want you to be sure that your trainer isn't wasting your money, isn't blowing smoke up your ass, so you can confidently turn up to your training — week in & week out — trusting they have your best interests in mind.

That being said, here's my list of

5 Red Flags Your Personal Trainer SUCKS:

#1: They Don't Keep Track of Your Progress

If you don't know where you've been, you have no idea how to get where you're going. It doesn't have to be a scientific method, but you should be able to see:

- · what you lifted last week
- · what you'll be lifting next week
- · how far you've come since you started

#2: They're All About the Sale

If your trainer tries to sell you supplements, blenders, special herbs, or magic belts: they don't

care about your health...they care about your money.

#3: They Can't Tell You 'Why'

"Because I said so" isn't a valid answer in my world. If your trainer can't tell you the scientific reason he/she has given you an exercise, a program, or told you to eat a food... then, they're wasting your money and your time. This point boils down to a lack of personal & professional development, which is a key area in the ever-changing fitness industry.

#4: They Don't Focus On Form

Technique is the most important part of your exercise routine. If all you hear from his/her mouth is the "1..2..." of the rep count...you've got a bad trainer. Your trainer should be focused on:

- · your form
- your technique
- motivating you to progress
- a good trainer will stop you if you're doing something wrong.

#5: They Have Ever Said "No Pain, No Gain"

This is the most bogus excuse Personal Trainers use to disguise how bad they are at their jobs. Pain is very relative when exercising. Discomfort is one thing, but pain is another. If something hurts, it means you're doing it wrong, your body doesn't like it, or you've done too much.

Of course, you're going to ache after exercise. But if it feels like your muscle will snap off the



bone, or you can't take the stairs – your personal trainer is crap.

Agree? Disagree? Questions or Comments? Find me on Facebook: www.facebook.com/dlattomus

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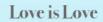


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Take a look at the new "Inside and Out" wedding bands from Artcarved designed with you in mind.



TONY GONZALES

By Paul Masterson

Did you know Antonio Gonzales? I met him a decade ago. But, like many of us, I just knew him from a distance as Tony, the handsome young man who stood out in a crowd. He had noble Native American looks and a trendy fashion sense. He was also involved in the community. Active in Project Q years ago, he attended Alliance School before transferring and graduating from Wauwatosa East High School. He was a regular PrideFest volunteer. I recall seeing him working security with an orange vest over his extravagant black Goth wardrobe. He also performed as a dancer on the PrideFest dance pavilion stage. I also have a couple of photos of him laughing and goofing while sitting on Santa's lap at the GAMMA Holiday Party a few years ago, too. He looked stylish in his dapper red vest with his jet black hair gelled and swept back. Every once in a while we'd bump into other out and about. We'd chitchat a bit then he'd be off.

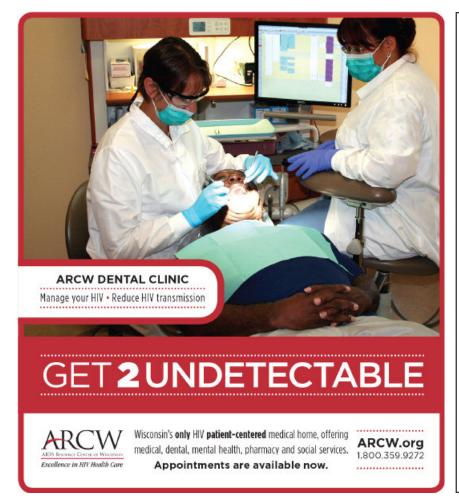
Then there was that shooting in Tosa on July 16th. I didn't pay much attention to quick news segment about it. The victim's landlord made a statement about the police doing what they had to do. It seemed like just another tragedy during a particularly bloody Milwaukee summer. Then, a day or so later, a friend called and told me it was Tony. At first I didn't put the name and the face together. "You know him," my friend insisted. Finally, I realized who it was. Meanwhile, social media lit up with the news. It seems Tony had been out at Jazz in the Park on that Thursday evening. When he got home, he got angry about something and the situation escalated. His landlord called 911. When the police arrived, Tony allegedly threatened them with a sword. When he wouldn't drop the weapon, the police shot and killed him. A later news report said Tony was bipolar. However, that information had not been communicated to the responding police officers. Whether that detail



would have saved Tony is a matter of conjecture. Wauwatosa Police, according to the report, are not trained in dealing with people with mental problems.

We can second-guess the actions of the police but the real subject here is mental health. Like American society-at-large, we in the LGBT community have our fair share of mental health issues. How we deal with them is something we need to talk about and act on. A few years ago, the LGBT Community Center announced it would open mental health center. Unfortunately, that project fell by the wayside. There's a list of health care and other professionals on the center's website. There's also the Galano Club for support in dealing with substance abuse and addictive behavior. But, ultimately, we have to look out for our own. Tony's tragedy should serve as a sad reminder that we need to be aware of our brothers and sisters in need and actively watch out for them.

A Facebook page under Antonio Gonzales Memorial has been set up for anyone who knew Tony and would like to post their thoughts, condolences or perhaps a picture. A formal memorial ceremony will be held at a time and place to be announced. Rest in Peace, Tony.



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After a decidedly dreary screening of the decidedly dreary film, Seashore, the gentlemen of Glenn's monthly cinema circle were left to wonder at the shameful scarcity of good gay romcoms. Over some absolutely delicious cocktails, members waxed on sentimental over much loved titles like Jeffrey, Broken Hearts Club, The Mostly Unfabulous Life of Ethan Green and A Touch of Pink.

Is it possible that Trick, still so **10 YEAR PLAN** fondly remembered, came out way back in 1999? Would Russell Crowe have become the Hollywood hero that ever so many women (and ever so many gay men) salivate over had he not been cast in the delightful Aussie romcom, The Sum of Us? Might we all have been rather less enthusiastic about Q. Allan Brocka's Eating Out if we had only known how many dire sequels it would spawn? How

remarkable that during the seventeen years since Billy's Hollywood Screen Kiss, Sean Hayes has had time to star on Will & Grace, host the **64th Annual Tony Awards** and, oh, come out.

Still, Glenn would be remiss not to mention some of the rather less successful gay romcoms the ohso patient members of the monthly cinema circle have been, on occasion, forced to endure.

Even with the rosiest of rose-tinted glasses, the group was left entirely and let it be said unanimously limp following a screening of Casper Andreas' A Four Letter Word. And indeed, Glenn ran afoul with the powers that be at Quest following the review of Another Gay Sequel proclaiming, as it does, with a nod to Emory in The Boys in the Band, "Oh Mary, don't ask! Or watch."

NEW ON DVD The 10 Year Plan



As much fun as it is to stroll down memory lane, fondly recalling those delightful gay romcoms from yesteryear, it is time to turn to The 10 Year Plan, from director J C Calciano.

The 10 Year Plan is not J C Calciano's first time at the gay romcom rodeo. Having enjoyed the filmmaker's Is it Just Me? Glenn's expectations for

> The 10 Year Plan were perhaps a tad bit too high.

Myles (Jack Turner) is a handsome, successful Los Angeles lawyer with a severe case of Prince Charming Syndrome. Loyal Quest readers are to be forgiven for thinking this is simply something Glenn has made up. In fact, PCS (Prince Charming Syndrome) is sadly an all too familiar condition, occurring when gay men (women, too) become obsessed with romantic

movies, books and songs and actually expect boyfriends, husbands, first dates to act like their fictional counterparts.

So, bottom line, Myles has got PCS and he's got it real bad. It is doubtful he gets very many second dates talking as he does on first dates about finding that right person with whom he might spend the rest of his life.

When another prospective Prince Charming flees under the cover of night, Myles turns to his best friend Brody (Michael Adam Hamilton), a cop who revels in one-night stands. So woeful is Myles, Brody makes the supreme sacrifice: "I'll make you a deal. If in ten years we're both still single; neither of us has found anybody we'll be boyfriends, a couple together, forever."

Buy it, Rent it, or forget it...

Bu Glenn Bishop

It's not only that that the premise for J C Calciano's latest romcom isn't particularly original or that even Glenn is clever enough to suss out the film's happilyever-after within the film's first ten minutes. Nor do the would-be star-crossed lovers need to be drop-dead gorgeous, although no one in the monthly cinema circle is likely to object.

What is important of a film like **The 10 Year Plan** to succeed is for moviegoers to become emotionally invested in the characters. Both of the leads are suitably pretty; Joe Turner is positively adorable on the DVD box cover. Sadly he proves rather charmless on screen, helped little by J C Calciano's tepid screenplay. Michael Adam Hamilton fares rather better but it is Moronai Kanekoa, who plays Richard, the straight cop, who manages to steal nearly every scene he's in as Brody's wonderfully sympathetic buddy

A decidedly mixed reaction for The 10 Year Plan from the monthly cinema circle but probably worth a rental, thinks Glenn.

Just the facts...

The 10 Year Plan clocks in at 90 minutes and is English and is available on DVD with a SRP: \$24.95 All about The 10 Year Plan @

www.10yearplanmovie.com/

The 10 Year Plan boasts plenty of DVD extras including interviews and commentary from cast and director Adam Bucci (Hunter) stars in Logo's popular web-series, Eastsiders.

At this point, J C Calciano's screenplay jumps 9 years, 10 months and 29 days later.

Well, nothing much has changed. Turner's Myles doesn't look even a day older, and why would he? What has changed it that his Prince Charming Syndrome has gone into warp drive, as he scares off yet another promising guy with his obsessive/compulsive behavior. Nor does Brody look any older; still possessing the same killer smile, the same washboard abs. That he continues to reign supreme on all of social media's many gay hookup outlets is no surprise.

With the clock ticking, can Myles and Brody each find someone with which to fall true, madly deeply in love or are these two handsome and hunky 35 year-olds destined for gay spinsterhood?

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() BUTTO MAGAZINE

Volume 14 #8 August 2015



Games, food, drinks and prizes. I sure hope Ruthie does this again!



RUTHIE'S BITCHEN KITCHEN BACKYARD BBQ









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Are You feeling the heat? Summer in Milwaukee and I hope you're enjoying all our fair city has to offer!

This time of the year, most theaters are dark – on break, strategizing the season ahead and giving their stages a rest. Not Theater Red – this up and coming little theater not only can, it does! Christopher Elst and his wife Marcee Doherty-Elst local thespians have started their very own theater company – their name reflects Marcee's ginger locks and the sense of urgency and energy they and Theater Red represents. It beckons me back to the days of Theatre X - - Come on Judy, we have a barn, let's put on a show! Talk about ambitious they are presenting their third production, the world premiere of "The Seeds of Banquo" at Soulstice Theatre 3770 Pennsylvania Avenue Suite 2 in St. Francis 7:30 pm August 13, 14, 15 and 19, 20, 21, 22 as well as a matinee on the 23 at 2 pm.

"The Seeds of Banquo" is written by a woman who is very well regarded for her work on the boards as opposed to behind the curtain – Angela lannone – an acclaimed actress, director and educator. I fell in awe of Ms. lannone when I saw her tour de force of Diana Vreeland in "Full Gallup" for Renaissance Theatreworks. Amazing! Then she took a turn as

the Diva of all Divas – Maria Callas in "Master Class" - after enjoying that opus, it was wonder of wonders why Ari Onassis dumped his Song Bird for a former First Lady, then "Dirty Blonde" - I could go on, suffice it to say, I am a fan. It will be interesting to see Ms. lannone's writing and her directing of this story. "The Seeds of Banquo" is the fourth installment in an original series of plays that shares the importance of Edwin Booth a major star of the American stage, until his fame was eclipse by his brother / assassin John Wilkes Booth. Talk about box office poison. To be a part of this historic premiere, act now, the theater is rather intimate and seats 80, tickets are very reasonable at \$15 and are available at www.theaterred.com

The Northern Lights – Potawatomi Hotel & Casino is burning bright this month with a galaxy of stars to entertain this August: Keb' Mo' Band Wednesday, August 5 The man that gave us "Diana", "Puppy Love" and always did it "My Way" Mr. Paul Anka headlines Tuesday, August 11 and Wednesday, August 12

Milwaukee's very own Al Jarreau with a voice as smooth as Cognac comes home Friday, August 21 And Bonkerz Comedy proudly presents Two SNL Alum: Kevin Nealon and Norm McDonald Saturday, August 22 – truly making your Saturday LIVE! 1721 West Canal Street – paysbig.com/shows

Morning Glory Fine Craft Fair is Saturday, August 8 and Sunday, August 9 10 am – 5 pm both days on the grounds of the Marcus Center for the Performing Arts and Red Arrow Park 929 North Water Street.

Saturday, August 8 8:00 pm Club Timbuktu 520 East Center Street in River West (414-265-7000) will be the place to gather to help raise some necessary funds for PathFinders and their program in helping LGBT teens who are homeless get the assistance they need to get back on track and have the basics in life – shelter, food, clothing and hopefully education... I'm working with Sukey Pett, PathFinders and the fine people at Club Timbuktu to make this all happen. There will be a star-studded revue – featuring the fine talents of BJ Daniels, Phaedra Free, Maple Veneer, Corky Morgan, Marcee Doherty-Elst, Goldie Adams - - and a few more to be inked. Come on down and give our future a helping hand ...

Dale Gutzman's Off The Wall Theatre 127 East Wells Street (414) 327-3552 will be hosting a very fun fundraiser Friday, August 21 – Sunday, August 23 7:30 pm an old fashion Sing-A-Long to songs from movies and their theme songs. The uber talented Jack Forbes Wilson will be on the mighty key board and Joey "The Handsome Greek Guy" along with various OTWT Members singing the songs from the Silver Screen! An unforgettable time is promised and always delivered by the talented folks of OTWT – I'm ready for my close up Mr.



Gutzman ...

Speaking of Show Tunes and who isn't? HIT (the Holiday Invitational Tournament) will be heading to the Windy City Sunday, August 23 for heaping helping of Side Track Sunday Show Tunes. A bus will do the driving and parking for you, you can sip your favorite libation to and fro and get lost in the wonderful world of musical film/TV clips. This is a benefit for HIT – who will be hosting their 36th Annual Bowling Tournament over the Thanksgiving weekend. The bus is leaving from the College Avenue Park & Ride at 12 Noon, the cost \$45 – which includes your transportation and beverages on the bus! To join this day of fun please call Rick at 414-477-6565.

And of course this month there is that little thing called The Wisconsin State Fair Thursday, August 6 – Sunday, August 16 Performing in The Grandstand this year: Boston, The Happy Together Tour – The Turtles, The Association, Mark Lindsay, The Grass Roots, The Buckinghams and The Cowsills, John Kay and Steppenwolf and The Gambler, himself, Kenny Rogers. Nothing beats our State Fair!

As we went to press last month it was announced that Lance Bass and his husband Michael Turchin will be Co-Honorary Chairs of the 2015 AIDS Walk Wisconsin. How exciting is this? The Walk takes place on Saturday, October 3 – The Lakefront. I know people who have already started gathering their Walk pledges, don't be left in the dust!

Congratulations to Israel Ramon & David Marstellar for hosting a stellar evening of celebration for The MKE LGBT Community Center's Project Q. Everyone gathered in The Historic Third Ward at Kasana's 241 North Broadway Lower Level - remembered in my MIAD days as La Boulangerie. Israel is on their Board, he spoke - and ever so eloquently, Karen Gotzler - the new Executive Director of the Community Center spoke - - it's such a natural fit, seeing her in this position -I remember her when she was running LAMM! In the reception, enjoying a tasty buffet, live music and of course the bar - were Marquette's Paul Milakovich, Cream City Foundation's relatively new E.D. Peter Holbrook and his reason for living (and accomplished artist/architect) Tom (TC) Hoffman, Roger RamJet, Paul Williams, ACLU's Chris Ahmuty and Kristin Hansen, among many others. A great dance presentation was the crowning part of the evening - - as well as knowing we are helping out the next generation. Pleased to see this event's sponsors, besides our hosts, Ramon & Medrano, SC and Shepherd Express. I love the Shepherd and read it weekly - Dear Ruthie - my Sister-in-print, Paul Masterson, and of course Boris & Doris - my "Parents"-in-print, even though they're like five minutes older than me! I also tip my hat (and I do like a hat on occasion - as you all know) to the Shepherd for awarding seven outstanding

Community Members with "The Shepherd Express' LGBT Progress Awards" – Carl Bogner, Donna Burkett, Doug Nelson, Michael Lisowski, Tina Owen, Scott Gunkel and Ed Seeberg — we are so fortunate to have these mavericks in our midst to blaze the trail to tomorrow – look how far we've come!

Another Congratulation to offer and I believe our Community is so fortunate to have Gerry Coons as the new Executive Director of Diverse & Resilient. Dr. Gary Hollander had a brilliant run at the helm, and what a legacy he leaves behind piloting D & R! This has been quite the year for new Executive Directors – and I have seen where they all have a great rapport among each other, united we stand!

Good bye and good luck to WMYX's Morning Man – the marvelous Kidd O'Shea he leaves home here in Brew City for D.C. No he's not going into politics – but if he were, he would have my vote! Kidd will be doing some anchor work on television for the ABC affiliate in our Nation's Capital. Mr. O'Shea goes to Washington? How will I ever get up in the moming? First Reitman & Mueller, then Carole Caine, and now Kidd! Here's looking at You Kidd on TV! The boy next door made it!

Looking for good music and no cover -- Transfer Pizzeria 101 West Mitchell Street 414-763-0438. Every Tuesday has Neal Chandek with The Transfer House Band 7:30 -- 10:30 pm. Stop in have dinner, or just drinks and kick back and let these qualified musicians take you into Hump Day!

Remember when at The Pfister, visit the 23rd floor and enjoy a cocktail at Blu with Brad, Nick, Keith and Olivia, dinner at The Mason Street Grill – perfect for birthday dinners and such, the music of Dr. Jeffery Halliday tickling the ivories in the ornately appointed lobby – a premiere time at a premiere hotel – The Pfister, Todd Mrozinski is the current Artist-In-Residence and Peter Mortensen - the legendary concierge who adds that special élan to the Downton Abby of Downtown Milwaukee.

During this time of the year, when you feel like taking a spin, windows down, top down – of the car of course, why don't you go visit a lit-

tle Broadway magic in our backvard? We are so blessed to have an estate right here which to me is a religious experience. Chimneys, the home of Alfred Lunt & Lynn Fontanne located just west of here in Genesee Depot, Waukesha County. About 45 minutes out of downtown, a rural, charming, piece of yesteryear with an air of regal-ness. Tours run through November 29, so you have time, but don't put it off! I've been a handful of times, but never in

August, 2015 Bucket List

Wednesday, August 5 "Keb'Mo' Band" Northern Lights – Potawatmi Hotel & Casino 1721 West Canal Street

Thursday, August 6 – Sunday, August 16 "The Wisconsin State Fair"

Saturday, August 8 and Sunday, August 9
"Morning Glory Fine Craft Fair"
The Marcus Center for the Performing Arts and
Red Arrow Park 929 North Water Street

Saturday, August 8
"PathFinder's Fund Raiser All-Star Revue"
Club Timbuktu 520 East Center Street

Tuesday, August 11 & Wednesday, August 12 "Paul Anka" Northern Lights – Potawatomi Hotel & Casino 1721 West Canal Street

August 13, 14, 15, 19, 20, 21, 22 and 23 "The Seeds of Banquo" Theater Red Production at Soulstice Theatre 3770 Pennsylvania Avenue Suite 2

August 21, 22, 23 "Sing-A-Along to Songs from the Silver Screen" Off The Wall Theatre 127 East Wells St.

Friday, August 21 "Al Jarreau" Northern Lights – Potawatomi Hotel & Casino 1721 West Canal Street

Saturday, August 22 "Kevin Nealon & Norm McDonald" Bonkerz Comedy – Potawatomi Hotel & Casino 1721 West Canal Street

Sunday, August 23 "HIT Bus Trip to Chicago" Side Track Sunday Show Tunes

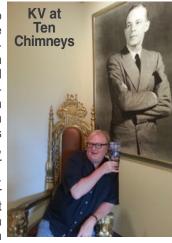
the middle of summer to see the gardens. And every time I visit, I see something new.

To make your reservation to visit the home and heart of the First Couple of the American Stage, please call 262-968-4110 – You too will give this visit and tour a standing ovation. In our trek to Lunt(and Fontanne)Land we lunched at the Comerstone Restaurant – small-town place, big-town taste! That's what they promised and that's what they delivered! S43 W31343 Highway 83 Genesee Depot and Drew our server, was extraordinary too!

So glad to report "Tootsie" AKA Jim – the charming bon vivant from the legendary AARP Table of The Ball Game is up

and at it once again after a health scare. It was wonderful seeing him hold court with good buddies Tommy and Bob at Fluid. Proof positive you can't keep a good man down!

Sad to share that the favorite of many a lounge lizard (me included) has lost another Star. Gerry Perry has passed away at 92! Gerry was a World War II Vet – whose singing career took her to Vegas and back. She headlined at The Wreck Room with Gary Abbott in the 1970's. By the time I became familiar with this incredible chanteuse she was making music at The M&M Club Wednesdays and Sundays with the glamorous Jan Warren Allen on electric



organ in 1979. Gerry was a great story teller too; she once recounted being in a big time Radio Singing Contest - the Grand Prize a Recording Contract. She came in second, losing out to the "Singing Rage, Miss Patti Page" before Patti or anyone had heard "The Tennessee Waltz"! Gerry always sang the WWII anthem "For All We Know" for me - one of the lines is: we may never meet again, that may be, but so glad that we did! "Thanks For The Memories!"

Food Time, yes one of my favorite things to do so. I will close with a shout out to Joey Gerard's - A Bartolotta Supper Club - Greendale at 5601 Broad Street 414-858-1900. Recently my gal pal Kathie and I turned back the hands of time, to a time when dining was a true experience, no rush, no worries - - just great cuisine, good tune-age, and a more civilized approach. Kim W. our server was four stars and really seemed to love her job and welcome us in, as though it were her home. The Beef Wellington without compare, Kathie had lobster and it filled her plate and appetite. We started with their signature Lazy Susan appetizer of deviled eggs, liver sausage, summer sausage, cheese, pickles – we knew we were in Milwaukee! Bartender Nic did a mean dirty vodka martini, as a Grass Hopper – and the Schaum torte – oh my! If you have a special summer celebration coming up, here is the place to do it! Joey Gerard's also has a twin on the North side of town in Meguon at 11120 North Cedarburg Road 262-518-5500. It's a kick, a trip and a tip of the hat to the days and nights of the Rat Pack, I'll be back!

And so it goes - August is here? Bring on thedog days of Summer and remember, it's the glamor. not the grammar as I remain still Cordially Yours,..



Maple Veneer & KV at Brian Reinkober & Michael Utowski's Milwaukee LGBT Community Center fund raiser.



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Kruz, Fri. 7th 7-9 Fluid, Mon. 8th 9:30-11:30 Club Icon, (Kenosha) Saturday 15th, 9-12



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Did you have a kick-ass barbecue this July? I did! As such, I'd like to give a great big, stick-to-your-ribs, finger-licking thank you to everyone who stopped by Ruthie's Ultimate Backyard BBQ in July.

Wow! Great food, cool cocktails, raffle prizes, a men's wet T-shirt contest, adult piñata, friendly volunteers, shirtless men, frosty beer, guys without shirts...what more could a girl ask for? I want to give a special shout out to the staff of The Backyard Bar in Bay View for the hospitality, and thanks to the gang at Hamburger Mary's for providing that slow-roasted tender-as-can-be pork.

If you missed the fun, be sure to "like" Ruthie's Bitchin' Kitchen on Facebook. We'll tell you about our future parties, clue you in on our silly web episodes, offer up beverage ideas and give you dozens of free recipes.

Speaking of free recipes, let's step into the Bitchin' Kitchen right now! This month, we're serving up no-fuss ice cream treats. The best thing about these ice-box beauties is that they don't involve any baking (hooray), can be made ahead of time (hooray) and one even contains booze (hip, hip, hooray)! So what are you waiting for? Freeze up some flavor tonight...then eat good and shut up!

ICE CREAM SANDWICH DESSERT

What could be better than a simple dessert made yummy with packaged ice cream sandwiches? How about one that also features hot fudge sauce and crushed Oreo cookies? Thanks to Jeff and Tony from Jackson for giving me this idea!

1 (12-ounce) tub whipped topping, thawed 1 cup crushed Oreo cookies 24 prepared ice cream sandwiches 1 (12-ounce) jar hot fudge sauce

Combine the whipped topping and cookies in a large bowl. Set aside. Lightly spritz the bottom of a 9x13-baking dish with non-stick cooking spray. Set 12 of the ice cream sandwiches (unwrapped) into the dish. Top with half of the whipped topping-cookie mixture.

In 5-second intervals, microwave the hot fudge sauce until it a drizzling consistency is achieved. Drizzle half of the sauce over the whipped topping.

Repeat layers. Cover and freeze for at least 4 hours. Let stand for 10 minutes before serving.

Ruthie's Culinary Clues

If you really like those crunchy little cookie chunks, add more to the whipped topping, or stir in some chopped nuts. Want to get crazy? Drizzle on a bit of caramel or strawberry ice cream topping instead of the fudge.

EASY-PEASY ICE CREAM CAKE

Who doesn't love cake and ice cream? It's American, damn it! Now you can have your cake and ice cream, too, with this strawberry sensation that comes together in no time! Best of all, you can toss this together and pop it in the freezer a day before the party. I like to make this in a bread loaf pan for a kooky presentation.

1 (10-3/4-ounce) frozen pound cake, thawed
1 (8-ounce) tub whipped topping, thawed
1 (4-serving-size) package strawberry-flavored gelatin
1 pint vanilla ice cream, softened
1-2 drops vanilla extract

Line a 9x5-in loaf pan with plastic wrap. Leave extra wrap extending over the sides of the pan. Cut the cake into 1-in cubes. Set aside.

Combine the whipped topping, gelatin powder, ice cream and extract in a large bowl until well combined and consistent in color. Carefully fold in cake cubes.

Pour or spoon mixture into the prepared loaf pan. Cover top with extended plastic wrap and freeze overnight.

Pull top covering away from dessert. Invert dessert onto serving platter and carefully remove the loaf pan and plastic wrap.

Ruthie's Culinary Clues

Garnish finished dessert with strawberry ice cream topping or sliced fresh strawberries. Try this frosty treat with different flavors of gelatin or cube up angel food cake if you'd like. Don't have vanilla extract? Leave it out! No problem-o!

ORANGE DREAMSICLE FLOATINI

Make Happy Hour just a little sweeter with this three-ingredient delight from Lisa at www.WineandGlue.com. "This isn't as much of a recipe as it is instructions for a really fun time," she writes. I couldn't agree more, Lisa! Vodka mixed with a favorite childhood treat...what could be better?

1 ounce cake-flavored vodka 1 (12-ounce) can orange-flavored soda Vanilla ice cream

Pour the vodka and soda into a tall drinking glass. Add a scoop or two of ice cream. Enjoy!

Ruthie's Culinary Clues

Add all the ice cream you want to this tasty treat. In fact, while you're at it, add all the vodka you want, too! I tested this recipe with UV Cake Vodka that really added to the Dreamsicle flavor, but feel free to try it with whatever you might have on hand.

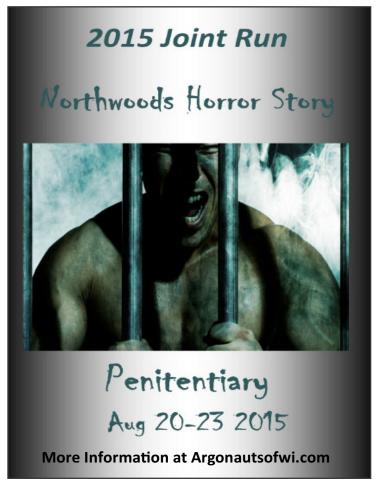
Have a recipe for Ruthie? Share it with her at DearMsRuthie@yahoo.com. If she publishes your dish, you'll receive a free T-shirt. Don't miss the Ruthie's Bitchin' Kitchen web series at www.RuthiesBitchinKitchen.com, and see the matching Facebook page, Ruthie's Bitchin' Kitchen.

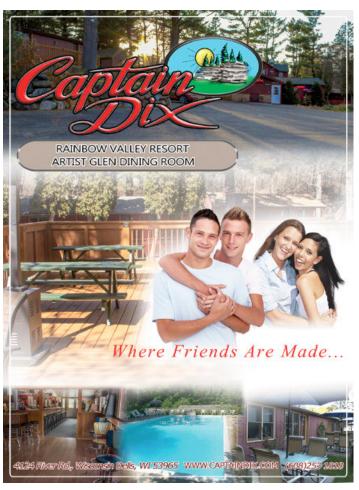
(Editor's note: Be sure to check out the pictures from the Backyard BBQ in this issue and even more online at www.quest-online.com)













Well July has come and gone and State Fair is here so that can really only mean one thing. . .its AUGUST! Now I'm not really sure why I'm so happy about that, although it may have something to do with the 3 Redbulls I have chugged down in the last 20 mins. But hey, I have to get through this somehow. July was of course my birthday month and thank you to all who helped me celebrate it. bDermal anchoring! Dermal anchors have become increasingly popular and unfortunately a lot of shops are not letting everyone know all of the facts with regard to them so without any further ranting and raving from me let's get right into it.

First off let me explain one thing to all of my avid readers, DERMAL ANCHORS ARE NOT PIERCINGS! That's right dermal anchors more closely resemble something called a trans-dermal implant. To translate it is a piece of material permanently implanted underneath the skin

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and a part of that material sticks through the skin. More than likely you have seen the guy who has a Mohawk made out of spikes these are trans-dermal implants.

Having said that and hoping you all read the permanent line this are permanent. Now there are a number of shops claiming that they can remove these in their shop, While this is true as well as the fact that I can do open heart surgery if I want to, that doesn't make it correct. The way dermal anchors are held in is that your skin actually grows into and through the piece of jewelry making it extremely difficult, not to mention painful, to remove without anesthetic or a scalpel. So keep this in mind if you are thinking about doing this. These WILL have to be surgically removed by a doctor if you ever decide you don't want it.

Dermal anchors can also have a very high migration rate. This means they can actually be pushed out of the body. They can migrate for any number of reasons like irritation, bad placement, and just your body not being able to heal it in place. This makes them very risky and they can leave a very deep scar if they do migrate.

Other than that the care for dermal anchors is actually very simple. First keep them bandaged tightly to your skin using a Band-Aid or some other device which will keep the piercing from falling out. Don't use tape though as when you peel off the tape it can pull the anchor out as you remove it. Secondly wash it with antibacterial soap about 1-2 times daily. And most importantly leave it alone. 90% of all problems with piercings occur due to irritation. Things like playing with it and sleeping on it will do more damage to any piercing or dermal anchor than not cleaning it. So just leave them alone!

That is about all I can really cram into this one as my brain is starting to stop working lol. If you have any questions about dermal anchors that I have not answered here please drop me an email at Avantgarde@voyager.net. Seems we have a bit of space so let's get to some reader mail.

Brent.

I want to get my dick pierced, but I am really embarrassed because I have a really small pecker. Can I still get my dick pierced?

Little Prick

Well Prick, you can definitely still get you dick pierced. And trust me there is no embarrassment issue at our store, we have seen it all, including dicks I had to go chopping through hair to get to. So don't worry about it.

Well that about wraps things up for this month. Until next time have a great August and enjoy the weather while we still have it! And don't forget to send your piercing and tattoo questions to **Avantgarde@voyager.net**.

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Plan B 924 Williamson Street, Madison Shamrock 117 W Main Madison (608)255-5029

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LaCage (lower & main floor) Montage (Upper) 801S 2nd, (414)383-8330
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Studio 200 200 E Washington St
This Is It 418 E Wells (414)278-9192

Two 718 E. Burleigh St.

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